

**NOTE:** To activate clock, pull plastic tab on back to connect batteries

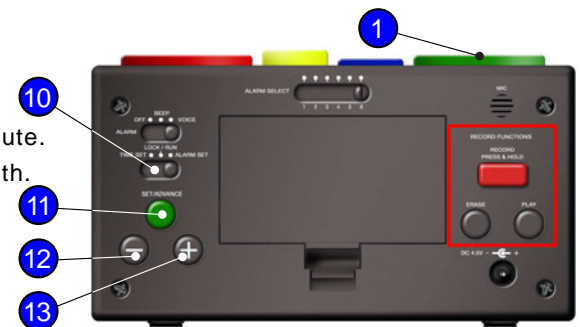
## CONTROL BUTTON DESCRIPTIONS:

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| <ol style="list-style-type: none"> <li>1) <b>TALK:</b> Speaks current time and date and confirms time setting</li> <li>2) <b>ALARM CHECK:</b> Scrolls through alarm times and Confirms Alarms Settings</li> <li>3) <b>LIGHT:</b> Turns on LCD backlight for 6 seconds</li> <li>4) <b>ALARM ACKNOWLEDGED:</b> When the alarm is sounding, stops the alarm and tells when next alarm is due</li> <li>5) <b>LCD TIME DISPLAY:</b> Digital display of the current time</li> <li>6) <b>LCD ALARM INDICATION:</b> Shows which of the (6) available alarms are currently turned on and active</li> <li>7) <b>LCD DAY DISPLAY:</b> Digital display of the day of the week</li> <li>8) <b>LCD DATE DISPLAY:</b> Large digital display of the Date</li> <li>9) <b>ALARM OFF / BEEP / VOICE:</b> Master Alarm Function settings including Off, Beeping only alarm, and Voice and Beeping alarm</li> </ol> | <ol style="list-style-type: none"> <li>10) <b>MODE SELECTION:</b> Used to toggle between setting the clock, setting the alarm and locking the clock into "Run" Mode</li> <li>11) <b>SET / ADVANCE:</b> Advances through each step of the setting procedures</li> <li>12) <b>"-":</b> Setting Selection backward</li> <li>13) <b>"+":</b> Setting Selection forward</li> <li>14) <b>ALARM SELECTION:</b> Sliding switch is used to select each of the individual alarms during all modes</li> <li>15) <b>MIC:</b> Microphone input used for recording alarm messages</li> <li>16) <b>RECORD:</b> When pressed and held, used to record selected alarm message</li> <li>17) <b>ERASE:</b> When pressed and held, erases recording for selected alarm</li> <li>18) <b>PLAY:</b> Plays the current recorded message for the selected alarm</li> <li>19) <b>POWER ADAPTER INPUT:</b> Input for included AC Adapter<br/>ANS: Input: 120V AC 60Hz, Output: 5V DC 450mA</li> </ol> |
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## SETTING THE CURRENT TIME / CALENDAR:

Setting sequence: Hour set > Minute Set > Month Set > Date Set > Year Set

- Slide "**MODE SELECTION**" 10 switch to "TIME SET".
- Press "**SET / ADVANCE**" 11 button once to enter **Hour Set Mode**.  
Use "-" 12 and "+" 13 buttons on the back to select the current hour.
- Press "**SET / ADVANCE**" 11 once to enter **Minute Set Mode**, use "-" and "+" to select the current minute.
- Press "**SET / ADVANCE**" 11 once to enter **Month Set Mode**, use "-" and "+" to select the correct month.
- Press "**SET / ADVANCE**" 11 once to enter **Date Set Mode**, use "-" and "+" to select the correct date.
- Press "**SET / ADVANCE**" 11 once to enter **Year Set Mode**, use "-" and "+" to select the correct year.
- Press green "**TALK**" 1 button on top of the clock once to confirm the time settings and exit **Time Set Mode**. The Your Minder Clock will now speak the current time and date.
- Slide "**MODE SELECTION**" 10 switch back to "LOCK / RUN".



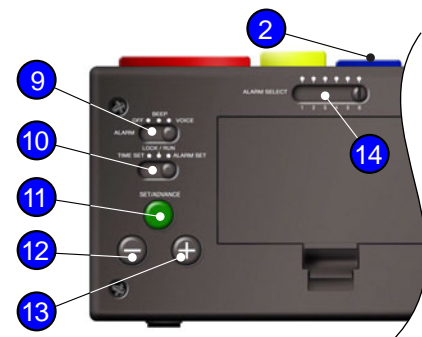
**NOTE:** If no buttons are pressed within 1 minute, the clock will exit TIME SET MODE automatically.

## SETTING THE ALARM TIMES:

**NOTE:** The Alarms are preset to default to 7:00 AM, 9:00 AM, 12:00 PM, 3:00 PM, 6:00 PM and 9:00 PM when batteries are inserted into the MedCenter Clock.

- Slide "**ALARM SELECTION**" 14 switch to the alarm [1 - 6] you wish to set.
- Slide "**MODE SELECTION**" 10 switch to "ALARM SET".
- Press "**SET / ADVANCE**" 11 button to enter **Alarm Set Mode**.  
Use "-" 12 and "+" 13 buttons to select the current hour:
- Press "**SET / ADVANCE**" 11 once to enter **Alarm Minute Set Mode**, use "-" and "+" to select alarm minute.
- Press "**SET / ADVANCE**" 11 once to enter **Alarm ON/OFF Set Mode**, use "-" and "+" to toggle alarm on / off.
- Press blue "**ALARM CHECK**" 2 button on top of the clock to confirm the alarm settings and exit **Alarm Set Mode**.
- Repeat the above steps for each of the 6 alarm times you wish to set.
- Slide "**MODE SELECTION**" 10 switch back to "LOCK / RUN".
- **To Turn Off all 6 Alarms, slide "ALARM OFF / BEEP / VOICE" 9 switch to "OFF" Position**

**NOTE:** If no buttons are pressed within 1 minute, the clock will exit TIME SET MODE automatically.



## RECORDING YOUR OWN ALARM MESSAGES:

Note: Personal message Max Recording Time is 10 seconds per alarm. When no personal message is recorded for a selected alarm, a Beeping alarm will be used as default.

- Slide “ALARM SELECTION” 14 switch to the alarm you wish to set.
- Press and hold “RECORD” 16 button when you are ready to record your message. A ‘Beep’ will notify you that the recording has begun. Speak clearly into the “MIC” 15 on the back of the Your Minder Clock. For the clearest recording, speak at a distance of 6” from the “MIC” 15.
- Release “RECORD” 16 button once you have completed your message. A ‘Beep’ will notify the end of the recording.
- Press “PLAY” 18 to listen to your recorded message. If unsatisfied with playback, repeat above steps as necessary.



## DELETING A RECORDED ALARM MESSAGE:

- Slide “ALARM SELECTION” 14 switch to the alarm you wish to delete. Press “PLAY” to confirm your selection.
- Press and hold “ERASE” 17 button until you hear a ‘Beep’ to confirm the message has been deleted.
- Press “PLAY” 18 button to confirm that the recorded message has been deleted.
- See “Recording Your Own Alarm Messages” above to record a new message for this alarm.

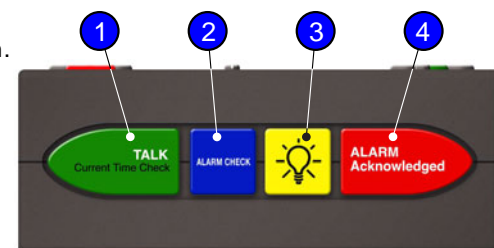
## USING THE YOUR MINDER CLOCK:

DURING NORMAL DAILY OPERATION:

- For a reminder when the next active alarm is due, press the red “ALARM ACKNOWLEDGED” 4 button.
- For an update of each alarm’s status, press the blue “ALARM CHECK” 2 button.
- For a check of the current time, press the green “TALK” 1 button.
- To turn on the LCD Light, press the yellow Light 3 button. The light remains on for 6 seconds.

WHILE ALARM IS SOUNDING:

- Press the red “ALARM ACKNOWLEDGED” 4 button to stop the alarm. The clock will now confirm the alarm has been accepted and notify you when the next alarm will sound.



## USING THE YOUR MINDER CLOCK AS PART OF THE COMPLETE MEDCENTER SYSTEM (optional):

Note: The MedCenter System is only to be used as an aid in Medication compliance. In case you are not capable of filling the MedCenter System or setting the Your Minder Clock yourself, always have your Care Provider or Pharmacist assist you according to your Doctor or Health Care Provider’s prescribed Instructions each month. Only tablets or capsules may be placed in the Pill Box. It is not suitable for storing liquids or suppositories.

- Setup the MedCenter Organizer according to the instructions and precautions provided with the Organizer.
- Set the alarms on the Your Minder Clock (see SETTING THE ALARMS) according to the guidelines provided by your Doctor or Health Care Provider.



- When the alarm sounds on the Your Minder Clock, note the time of the day, **today’s date** and the medication dose to be taken.
- Visually confirm that **today’s date** is correct on both the Your Minder Clock and the Pill Box located in the “Today’s Pills” cavity on the MedCenter Organizer.  
**The repetition of this date is what separates the MedCenter System from other Pill Reminder Systems.**

- Once you have confirmed the correct Pill Box is located in the “Today’s Pills” cavity, remove the medication necessary for the current time of day and administer as requested by your Health Care Provider or Doctor.
- Press the red “ALARM ACKNOWLEDGED” button on top of the clock. The Your Minder clock will state when the next alarm is due to sound.

NOTE: When placing an empty Pill Box back into the MedCenter Stand, place it with the Red end up. Red denotes the day is complete and the Box is empty while Green denotes a full Pill Box.

## BATTERY AND AC ADAPTER INFORMATION

- We recommend using the included AA Batteries as a backup power source and using the optional AC Adapter as the primary power source. In the event of a loss of power, the installed AA Batteries will support the clock running normally until power can be restored.
- In the event of a loss of power, you should not lose your recorded messages because the recorded messages are stored in internal memory.
- Under normal operation, with daily alarms sounding for 1 minute every day, the Your Minder clock can run up to 6 months on two AA Batteries.
- The AA Batteries also allow the Your Minder clock to operate as a Traveling Alarm Clock.

NOTE: Excessive operation of the backlight, allowing the recorded alarms to run their full hour duration, and frequent talking alarm or time checks will all affect the life expectancy of the installed AA Batteries.



## PRODUCT DISCLAIMERS & WARNINGS: Please Read Carefully

- The MedCenter System is to be used only as an organizational aid in taking your medications. The responsibility for correct medication compliance is solely up to the consumer. The makers of MedCenter Systems are not responsible for incorrect loading or unintended use of the pill box system, for improper setting or battery life on the Your Minder Clock or its alarm functions, for incorrect consumption of medication due to any use of the MedCenter System.
- Please take the time to carefully check prescribed instructions for each medication before organizing your pills in the MedCenter System. If you are not capable of filling your MedCenter System yourself as instructed, always have a care provider or pharmacist assist you.

### REMINDERS:

- Keep the Your Minder Clock and MedCenter System out of reach of children.
- Store the Your Minder Clock and MedCenter System away from heat and water.
- In order to maintain proper operation, Batteries should be replaced once every year.
- Only tablets or capsules may be placed in the MedCenter pill boxes. The boxes are not suitable for storing liquids or suppositories.

## WARRANTY INFORMATION: Please Read Carefully

The Your Minder Clock and MedCenter System are guaranteed for one year from the date of purchase to be free of manufacturer defects.

The warranty is void if the Your Minder Clock is water damaged (it is not specified to be water resistant). The warranty is void if the Your Minder Clock or MedCenter System is damaged, tampered with, dropped or otherwise abused.

In the event of a defect, mail the Your Minder Clock and/or MedCenter System with a copy of your sales receipt to the address listed below for an exchange or repair at the company’s discretion. Please include a check or money order, payable to “MedCenter Systems” in the amount of \$9.95 (outside the continental US \$19.95) to cover handling and return shipping.

**MedCenter Systems**  
10179 Commerce Park Drive  
Cincinnati, Ohio 45246

www.MedCenterSystems.com

### PURCHASE INFORMATION:

Store Location: \_\_\_\_\_

Date of Purchase: \_\_\_\_\_